

# Disaster Preparedness

Because of this day and time and the varied lifestyles we live. The Boy Scout motto of "BE PREPARED" is even more relevant today. We believe a multi-tiered disaster/survival kit is necessary. In this belief, the following guide lines were developed and you can also check out the "Get Ready Now" document at [www.ready.gov](http://www.ready.gov) or the "Are You ready" document at [www.fema.gov](http://www.fema.gov):

**The first tier is your personal survival kit that is kept with you at all times. This should be your most needed and useful items in case of an emergency. It should be easy to carry and attach to your body, suitable for various sized components, durable, and water repellent.**

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|--|--|
| <input type="checkbox"/> Small Water-proof Carrying Case | <input type="checkbox"/> Emergency Blanket   |
| <input type="checkbox"/> Pen and/or Pencil               | <input type="checkbox"/> Magnesium Fire Starter  |
| <input type="checkbox"/> Notepad                         | <input type="checkbox"/> Sewing Kit  |
| <input type="checkbox"/> Multi-Purpose Tool              | <input type="checkbox"/> Forceps   |
| <input type="checkbox"/> Mini Mag Lite w/Spare Batteries | <input type="checkbox"/> Scissors  |
| <input type="checkbox"/> Brass Whistle                   | <input type="checkbox"/> Assorted Safety Pins  |
| <input type="checkbox"/> Signaling Mirror                | <input type="checkbox"/> 10 ' Duct Tape  |
| <input type="checkbox"/> Compass                         | <input type="checkbox"/> 25' Nylon Cord  |
| <input type="checkbox"/> Emergency Cash                  | <input type="checkbox"/> 12" x 12' Sheet Aluminum Foil   |
| <input type="checkbox"/> 3" Zip Ties                     | <input type="checkbox"/> Sterile Bag w/ Zipper Seal  |
| <input type="checkbox"/> Wire Saw                        | <input type="checkbox"/> First Aid Kit Containing the Following  |
| <input type="checkbox"/> Water Purification Tablets      | <input type="checkbox"/> Minimums:   |
|  | <ul style="list-style-type: none"><li>• 4 - 2 x 2 Gauze Pads</li><li>• 10 - Butterfly Bandages</li><li>• 6 - 3/4" Adhesive Bandages</li><li>• 6 - 1" Adhesive Bandages</li><li>• 2 - Large Adhesive Bandages</li><li>• 1 - Roll Adhesive tape</li><li>• 4 - Antiseptic Wipes</li><li>• 1 - Tube Triple Antibiotic Cream</li><li>• 4 - Tylenol or Aspirin Tablets</li><li>• 4 - Anti-diarrhea Tablets</li><li>• 4 - Antacid Tablets</li><li>• 4 - Sinus/Cold Tablets</li><li>• 1 - Tube First Aid Cream</li></ul> |

**The second tier of your survival kit should also be portable and able to sustain you for a longer period of time (up to three days). It should be easy to pack, suitable for various sized components, durable, and water repellent.**

**WATER** - *One gallon of water per person per day for 3 days*

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|--|--|
| <input type="checkbox"/> Three (3) gallons of water per person | <input type="checkbox"/> Water purifying tablets for three (3) gallons of water per person |
|--|--|

**FOOD** - *This should be at least a three -day supply of non-perishable food per person. Select foods that require no refrigeration, preparation or cooking and require little or no water.*

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|---|--|
| <input type="checkbox"/> Ready-to-eat canned meats, fruits and vegetables | <input type="checkbox"/> High energy foods such as peanut butter, jelly, crackers, granola bars, and trail mix |
| <input type="checkbox"/> Canned juices, milk, soup                        | <input type="checkbox"/> Comfort/stress foods such as cookies, hard candy, instant coffee and tea bags         |

**FIRST AID KIT & NON-PRESCRIPTION MEDICATIONS** - *You should have a first aid kit for each vehicle and one for your home disaster kit*

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|--|---|
| <input type="checkbox"/> Sterile adhesive bandages in assorted sizes | <input type="checkbox"/> Instant cold pack                    |
| <input type="checkbox"/> 2 - inch sterile gauze pads (8 - 12)        | <input type="checkbox"/> Instant heat pack                    |
| <input type="checkbox"/> 3 - inch sterile gauze pads (8 - 12)        | <input type="checkbox"/> Antiseptic towellettes               |
| <input type="checkbox"/> Hypoallergenic adhesive tape                | <input type="checkbox"/> Aspirin or non-aspirin pain reliever |
| <input type="checkbox"/> 2 - inch sterile roller bandages (3)        | <input type="checkbox"/> Antacid                              |
| <input type="checkbox"/> 3 - inch sterile roller bandages (3)        | <input type="checkbox"/> Laxative                             |
| <input type="checkbox"/> Triangular bandages (3)                     | <input type="checkbox"/> Alcohol swabs                        |
| <input type="checkbox"/> Scissors                                    | <input type="checkbox"/> Pepto Bismol                         |
| <input type="checkbox"/> Tweezers                                    | <input type="checkbox"/> Eye wash                             |
| <input type="checkbox"/> Needle                                      | <input type="checkbox"/> Cough suppressant                    |
| <input type="checkbox"/> Safety razor blade                          | <input type="checkbox"/> Sunscreen                            |
| <input type="checkbox"/> Non-breakable Thermometer                   | <input type="checkbox"/> Petroleum jelly                      |
| <input type="checkbox"/> Assorted safety pins                        | <input type="checkbox"/> Latex gloves                         |
| <input type="checkbox"/> Tongue depressors                           | <input type="checkbox"/> Burn Ointment                        |
| <input type="checkbox"/> Triple antibiotic cream                     |   |

## TOOLS & SUPPLIES

- Battery operated radio w/ extra batteries
- ABC Type Fire Extinguisher
- Multi purpose tool
- Compass
- Aluminum foil
- Signal flares
- Sewing kit
- Duct tape
- Matches in waterproof container
- Plastic sheeting
- Folding chairs
- 5 Carribeaners

- Eating Utensils per person (Plate, bowl, cup, knife, fork, spoon) Can be metal or plastic
- Flashlights w/extra batteries
- Non-electric can opener
- Whistle
- Pencil and paper
- Dust masks
- Plastic storage containers
- Disposable lighters
- Medicine droppers
- Tent
- Minimum 100' of general purpose rope

## SANITATION

- Toilet paper or towelettes
- Feminine supplies
- Plastic garbage bags with ties
- Small shovel
- Plastic bucket with lid

- Household chlorine bleach
- Soap
- Liquid detergent
- Disinfectant

## PERSONAL HYGIENE ITEMS

- Toothbrush
- Toothpaste
- Shampoo
- Comb/brush
- Extra set of eyeglasses

- Hand soap
- Deodorant
- Shaving cream
- Razors

## CLOTHING AND BEDDING - *Each person will need a complete change of clothing in addition to the items below*

- Sturdy hiking or work boots
- Sleeping bag
- Rain gear

- Hat
- Gloves
- Sunglasses

**DOCUMENTS** - *The documents below should be maintained in a portable, fireproof box*

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|--|---|
| <input type="checkbox"/> Cash                                    | <input type="checkbox"/> Passports  |
| <input type="checkbox"/> List of all credit card account numbers | <input type="checkbox"/> Social security cards                              |
| <input type="checkbox"/> List of all bank account numbers        | <input type="checkbox"/> Copy of identification cards i.e. driver's license |
| <input type="checkbox"/> Birth certificates                      | <input type="checkbox"/> Wills  |
| <input type="checkbox"/> Marriage certificates                   | <input type="checkbox"/> Insurance policies                                 |
| <input type="checkbox"/> Death certificates                      | <input type="checkbox"/> Immunization records                               |
| <input type="checkbox"/> Titles/deeds                            | <input type="checkbox"/> Home inventory list                                |